

CFUW Wolfville November 2024

Facebook:

<https://www.facebook.com/profile.php?id=100067299424407>

Website:

<https://cfuwwolfville.com/>

Important Dates:

November 11 – Remembrance Day

November 13 – CFUW Board of Directors Meeting

November 27 - General Meeting

December 3 – Atlantic Regional Council Meeting

November 28 – GWI Peer-to-Peer Conversation on the “Elimination of Violence Against Women and Girls”

December 7 – Last day to collect book donations until January 11.

December 11 – General Meeting, Valley Voices Performance

January 11 – Start collecting book donations again.

Enviro Depot at McConnell's in Greenwich: We have an account there, if you drop off your



Realizing potential.
For all women.

Our second meeting of the year was in-person at the Wu Centre and it was great to welcome members and guests. We were pleased to welcome two new members – Blanca and Debra. Our Business Meeting highlights included an extensive report by Treasurer Pat Alexander. Based on her Budget Committee's recommendations, we approved some spending increases for some of our designated charities and added a few new ones. It was wonderful to be in a position as a club to do that. Cathy O. reported that book processing is occurring twice a week on Tuesday and Saturday from 9:30-11:30. She thanked Winnie for her guidance in this work. Fran P and Pat M informed us of upcoming speakers including that night's Financial Planning Presentation. Anne reported that the Legion has been booked for our Spring Luncheon. Helen reported on social and asked members to sign up to provide treats for our General Meetings. Patricia G reported that work is ongoing for Archives. Linda E reported on the highlights of her extensive Status of Women Report which was sent out ahead of the meeting. Anne reported on Advocacy – they plan to meet to discuss plans for the coming year.

Guest Speaker Highlights

Mary Ellen Byrne, Paula Campbell, and Julie Grant were our guest speakers. Organized by Pat and Fran, these representatives of Richardson Wealth Management provided a comprehensive overview of the many concerns people have when it comes to money management. They answered questions about TFSAs, RIFs, RRSPs, wills, bequests, and so many other topics. Our audience was very engaged and there were lots of questions.



Mary Ellen



Paula



Julie



Julie and Linda E



recyclable bottles/cans – you can designate our club as the recipient of the money you would have received for your recyclables.

Newsletter Editor: Anne MacInnis

Booking Site at County Fair Mall

We have several members and volunteers who work regularly on Tuesday or Saturday to process our book donations. Here is a photo of the crew on one of our recent open days.



Left side – Eleanor, Pat, Winnie and Cathy at the end.

Right side – Judy, Noella, and Marian

Interest Groups

Bridge Group: Ann McGrath and Maxine McCuaig convene this group which meets on the first Saturday of the month – please contact Ann or Maxine for more information.

The CFUW Bridge Group met on Saturday, November 2 for an afternoon of Bridge. One of our members has a significant birthday coming up on November 25th so we celebrated this occasion in advance with birthday cake, candles, and of course HAPPY BIRTHDAY and playing Bridge. Here are two pictures from the party to celebrate Edythe Hirtle's 104th birthday. She is an amazing lady. (submitted by Ann McGrath)





Lit Wits – Our next meeting will take place on Tuesday, November 12th, at 2:00 PM in the meeting room at St John's Anglican Church in Wolfville. We will be discussing "Held" by Anne Michaels.

Canadian poet and novelist Anne Michaels is probably best known for her celebrated 1996 first novel "Fugitive Pieces". One reviewer noted that the title of Michaels' first novel could "serve as a description of this new book, a novel made up of scraps of storytelling and essayistic fragments." I confess that at first reading I found "Held", though hauntingly beautiful, to be a challenging, strange, and disjointed book. Now, having read some of the reviews which encourage the reader to allow the poetic images to take priority over character and "plot", I'm finding a more meditative reading is allowing the many questions and layers of meaning to slowly come into focus. (submitted by Helen Whidden)

Book Exchange is running smoothly with a regular exchange date – the convener is Maxine McCuaig.

Creative Writing – Noella reported that they meet on the first Friday of the month. They met on November 2, shared their writing, and celebrated Jean Casey's birthday! Happy Birthday, Jean!

History and Traditions – Plans are underway for this group. Stay tuned.

Art – We met on October 19th to work on a variety of projects. Our next meeting will take place on November 15th in the afternoon. Fran, Pat, and Mary are busy creating. Photo by Anne.



Theatre – Centre Stage in Kentville has a "Cinderella Pantomime" from November 29th until December 14th. "The Mousetrap" will be from January 10th-26th. Anne will contact fellow theatre enthusiasts by email to find out who would like to attend.

The Metropolitan Opera



Met Opera Simulcasts 2024-25 program:

https://mediafiles.cineplex.com/cineplex-v2/nexetgen-events/Met%20Opera%202024-25_ENG.pdf

This link will give you the Met release dates:

<https://www.cineplex.com/events/arts-culture#The-Met%3A-Live-in-HD-2024-2025>

Valley Community Learning Association

Pat A and I attended a VCLA Community Dinner on October 29th where we had the opportunity to meet and talk with many people associated with this important Community Organization. Roxy, Community Outreach from the Town of Kentville, kindly gave us a tour of the facility which included gardens, greenhouses, meeting rooms, classrooms, music and drama facilities. It was evident that this centre is extremely welcoming and well-utilized by the community. We had the pleasure of presenting a representative of VCLA, Ayzhia, our club's donation.



Advocacy

The Advocacy Group has met twice to discuss our theme and research information in our communities. We are hopeful that our Program Conveners may be able to put together a panel or have a speaker give a talk on homelessness in our area. Soon, we will be asking members if they are interested in participating in the Coldest Night of the Year walk In February, 2025. This event is coordinated by Open Arms in Kentville. The money raised is used to help people in need in our area. We plan to create a survey for our own members on our topic since one of our goals is to raise awareness in our club as well as in the greater community.

The **RED**
DOOR

Youth Health &
Support Centre

The Red Door

Pat A and Anne had the opportunity to visit the Red Door in Kentville. This organization helps youth navigate their sexual health journeys by providing advice from health professionals, reduced cost hormonal birth control, free condoms, free pregnancy testing, trans supportive care, medical exams, STI testing, health education and a plethora of other products and services. They are a welcoming non-profit organization devoted to the principles of equity and inclusion. Pat was pleased to present their representative with a donation from our club.



The Portal

Pat visited The Portal where she spoke with Chrystal Remme who is their Executive Communications Coordinator. The Portal provides support to youth to help them navigate life's challenges. They offer programs such as Youth Outreach, Edge on Employment, Supportive Living, Supportive Apartment, and Rec Space. Pat was pleased to present them with our club donation.

the **P**ORTAL
youth outreach association





Anne attended the Syrian Family Supper organized by the Wolfville Refugee Support Network. This group sponsors Syrian families to come to Canada and supports them during their first year in a new country. At present, they are working to bring two families over and they need to raise \$84,000 in order to do this. Before this event, they had raised \$64,000. We hope that our club donation will help them with their goal.



Our club sponsored one of these conversations last year; our topic was “Welcoming Refugees” and Rachel Lutz was our speaker. On November 28th, the conversation will be about “The Elimination of Violence Against Women and Girls”. Here is the registration link:

https://us02web.zoom.us/meeting/register/tZAtdeivqTssGtCgD_rrZphbkGRNEklQiVj6




Graduate Women International

Empowering women & girls through lifelong education

UNiTE to Eliminate All Forms of Violence Against Women and Girls

November 28th, 11am ET, 5pm CET

Join us for a GWI Peer-to-Peer Conversation hosted by CFUW Montreal Lakeshore UWC and the Democratic Republic of the Congo NFA






Jolie Massay
Graduate Women
D.R. Congo

Nancy Acemian
President MLUWC
Canada

[Register](#)

#NOEXCUSE FOR VIOLENCE AGAINST WOMEN AND GIRLS
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16 Days of Activism Against Gender-Based Violence

As we did last year, some of us will participate in the December 6th remembrance of the Montreal Massacre organized by Acadia Women and Gender Studies Department. The Club Action Newsletter from National contains a package on this topic. I will share the information on the Acadia-organized event when it becomes available.

Here is a link to the package that National has sent:

<https://www.cfuw.org/assets/pdf/ENG+16+Days+of+Activism+Information+Package+2024/>



