

# CFUW Wolfville January 2026

**Editor: Anne MacInnis**

## **Facebook:**

**Canadian Federation of  
University Women -  
Wolfville**

## **Website:**

<https://cfuwwolfville.com/>

## **Important Dates:**

**January 6 – Executive  
Meeting**

**January 15 – Archivist  
Workshop**

**January 15 – Creating  
Collective Impact Against  
GBV**

**January 16 – Board of  
Directors Meeting**

**January 21 – Finance and  
Treasurer Workshop by  
National**



**At the Booking Site**



**cfuw** Realizing potential.  
For all women.

Our fourth meeting of the year took place on Wednesday, December 10th, 2025, at the Wu Welcome Centre in Wolfville. It was a celebration of the festive season and our special guests, Valley Voices A Cappella Chorus, entertained us with seasonal favorites and other songs. Afterwards, we all enjoyed a smorgasbord of treats, coffee, tea, and water which our Social Convenor, Helen Whidden, coordinated beautifully. Many thanks to all who donated treats for this fun evening! The chorus competed against other choruses in Sackville, New Brunswick in June and were declared Harmony Inc Regional Champions of the Atlantic provinces. They wore their red ribbons with pride! Their director (Adele Merritt) and associate director (Corinna Garriock) are members of a quartet called “Synergy” which won the International Quartet Competition in Hershey, Pennsylvania in November. They were crowned “Queens of Harmony”. We were most fortunate to be entertained by this talented local chorus.



**Valley Voices A Cappella Chorus**



**Adele, Anne, Corinna**



**Sonja and Mary.**



**Pat A and Ann McGrath**



**Blanca**



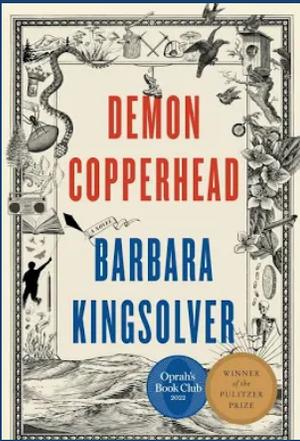
**Anne introducing the chorus**



**Enviro Depot at McConnell's in Greenwich:** We have an account there, if you drop off your recyclable bottles/cans – you can designate our club as the recipient of the money you would have received for your recyclables.

**National CFUW Website:**

[www.cfuw.org](http://www.cfuw.org)







**Join us on Wednesday,  
January 28<sup>th</sup> at 7:00 pm at  
the Wu Welcome Centre in  
Wolfville to listen to our  
guest speaker  
Blanca Baquero**

**Blanca is an expert speaker on Ostomy. Come and learn what it is and how it affects one's life.**



**Convenor Reports – none in December 2025**

## Interest Groups

**Lit Wits** – This group will meet on the second Tuesday of the month at St John's Anglican Church in Wolfville to discuss "Demon Copperhead" by Barbara Kingsolver.

**Book Exchange** Several people signed up. Everyone contributes one book. On a chosen day, everyone will pass their book to the next person on the list. Please contact Maxine McCuaig if you are interested.

**Bridge Group** The Bridge Group meets on the first Saturday of the month at Wickwire. Please contact Ann McGrath if interested. More players would be welcome!

**Creative Writing** – Noella reported that they will meet on the first Friday of the month at the home of Jean Sutherland. They have a different theme each month!

**Art** – We will meet on Thursday, January 15<sup>th</sup> at 1:00 pm at the Booking Site in the County Fair Mall. Enter by the door facing the NSLC, turn left



Networking Opportunity  
– National Conference!

and then left again. Pass Northern Reflections and we are across from the Charm Diamond Centre.

**Theatre** – Here is the link for the Cineplex New Minas Arts and Culture offerings: <https://www.cineplex.com/events/arts-culture>

### 1000 Shoebox Project

Thank you to everyone who participated in this worthy project. Altogether, we had twelve shoeboxes to contribute. Catherine Sinclair, coordinator of the project, picked up our boxes on December 17<sup>th</sup>. She was very grateful for our contribution and told me that our donation combined with that of a Kentville hairdresser who also gathered boxes would be enough to supply Chrysalis House with what they had requested.

### Coldest Night of the Year

I have registered us for this walk once again. Please consider joining our team or sponsoring us for this worthy cause. Every year, people all over Canada walk on “the coldest night of the year” to raise awareness of those who live rough in the winter. It is also an opportunity to raise money to help address the issue of homelessness in our own communities. I did send a few invitations to members who I thought might consider joining. If I missed you, please let me know and I will send you an invitation. If you accept and join the team, you can set up your own fundraising page with the team site. It is very user-friendly. You can reach out to friends on Facebook, or you can send them a prepared letter from the site asking for their support.

### National Conference in July 2026

Anne is planning to attend. If anyone else is interested, please let her know.





Blanca Baquero

## Blanca Baquero

Blanca wrote some beautiful haiku for our December newsletter. I formatted them incorrectly. Here they are as they should have been published! Apologies!

Christmas eve  
the old spruce tree  
takes on some colour

old Balsam fir  
not half so bad looking  
once decorated

snow cap  
on the fence post the roundness  
of silence

squalls of white powder  
in my front yard  
the neighbour's snow blower

in the window pane  
frosted ferns and flowers  
cold becomes designer

toboggan hill  
the slow ascent of red cheeks  
back to the top



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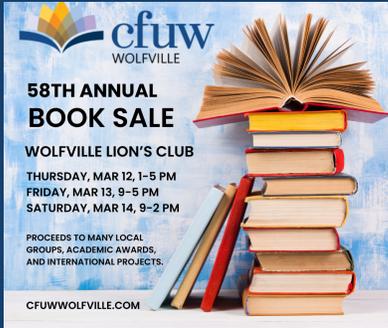
## Book Sale News!

Pat and Anne worked every Tuesday and Saturday in December and at the end, there were approximately 110 boxes sorted and ready for the 58<sup>th</sup> Book Sale. They had friends and relatives come in to help with this task! Since opening in January, more members have joined them and donations picked up on Saturday, January 10<sup>th</sup> when Eleanor Palmer's sons-in-law delivered several boxes of Eleanor's books. We felt like she was with us once again. If you have any free time on Tuesday or Saturday morning, please join us! If you visit our Facebook page, please "like" the poster for book donations and the one for the sale as well.

**CFUW WOLFVILLE BOOKSALE**  
**DONATIONS WANTED!**  
Nov 22 - Feb 28, 2026  
Tuesdays and Saturdays  
9:30-11:30 am  
County Fair Mall across the hall  
from Charm Diamond Centre  
Jewellery

**cfuw**  
WOLFVILLE

Proceeds to many local organizations!



All members were sent a copy of both posters. There are a few small changes – we are going to open to the public on Thursday afternoon (1-5), and we are closing at 5 pm on Friday because we have had so few customers after 5 on Friday for the past few years. We are going to close at 2 pm on Saturday and make all books half price at noon on that day. Vendors will still have first dibs on Thursday morning. Winnie has been in contact with her football team liaison as well as Pascale who takes the leftover books at the end. She has also notified vendors of their opportunity to buy on Thursday morning. Pat booked the Lion's Club ages ago. Cathy and Pat managed the distribution of posters. Anne designed all the posters, posted them, distributed them to members electronically, and had the donation poster printed. Marian will coordinate the Set-Up Day volunteers once again. Many thanks to everyone who pitched in to make this happen. Our space at the mall is bright has a great storage space out back as well as a door leading to the parking lot.



Check the National Club Action Newsletter. As a member of CFUW, you can join CARP (Canadian Association of Retired Persons) for free.



Our Next General Meeting will take place on Wednesday, January 28<sup>th</sup> at 7:00 PM at the Wu Welcome Centre. I hope to see many of you there!

