

CFUW Wolfville March 2026

**Editor: Anne
MacInnis**

Facebook:

Canadian Federation of
University Women -
Wolfville

Website:

<https://cfuwwolfville.com/>

Important Dates:

**March 8 – International
Women’s Day**

**March 11 – Set-up day
for Book Sale**

**March 12 – Vendors 9-
12 and Public 1-5 pm.**

**March 13 – Public 9-5
pm**

**March 14 – Public 9-
2pm**

**April 9 – last date to
submit to the Op-Ed
Challenge**

**March 25 – General
Meeting**

**March 26 – GWI
Conversation on
Peatlands**



cfuw Realizing potential
For all women.

Our sixth meeting of the year took place on Wednesday, February 25, 2026, at the Wu Welcome Centre in Wolfville. It was our annual “Club Night” and the highlight was the Interest Group sharing that occurred. Noella coordinated the presentations of our Writers’ Group. We were enthralled to listen to a series of poems and short stories by Noella, Pat A, Jean C, Marilyn D, Winnie H, Fran P, and Blanca B. They cast a spell as they read their pieces to us and we were enthralled by their presentations. Our Art Group displayed a group of paintings by Anne and Pat A. and our Lit Wits Leader, Helen, mounted a beautiful display of books, ratings, and other information about our Book Club.

We played a very robust game of “Yankee Swap”! There was lots of stealing (part of the game) and laughter and everyone left with something they liked!



Blanca

Jean C

Yankee Swap

This was not a business meeting so there are no reports to share at this time.



Enviro Depot at McConnell's in

Greenwich: We have an account there, if you drop off your recyclable bottles/cans – you can designate our club as the recipient of the money you would have received for your recyclables.



Interest Groups

Lit Wits – This group will meet on the second Tuesday of the month at St John's Anglican Church in Wolfville to discuss "Trust" by Hernan Diaz.

Book Exchange Several people signed up. Everyone contributes one book. On a chosen day, everyone will pass their book to the next person on the list. Please contact Maxine McCuaig if you are interested.

Bridge Group The Bridge Group meets on the first Saturday of the month at Wickwire. Please contact Ann McGrath if interested. More players would be welcome!

Creative Writing – Noella reported that they will meet on the first Friday of the month at the home of Noella. Their theme is "the end of winter".

Art – We will take part in a Valley Art experience at Bent Ridge Winery. We will be painting lupins.

Theatre – Here is the link for the Cineplex New Minas Arts and Culture offerings: <https://www.cineplex.com/events/arts-culture> Pat A and Heather went to see the Horton High production of "Into the Woods" and reported that it was a wonderful show.

Coldest Night of the Year Our team (Anne, Noella, Jo-Ann, Pat A, and Helen) met at the Kentville Fire Hall on February 28th for a photo op as well as to check in with the organizers. The event was well attended by several community groups and individuals. We did the 5 km walk and raised \$2040.00 for Open Arms in Kentville. Open Arms provides support to the unhoused in a myriad of ways – the work they do is so important and as we walked in colder temperatures, it reminded us of those who live in those temperatures for extended periods of time. We are grateful to everyone who donated to our team to support this important cause. Donations are accepted until the end of March. Here is the link to our team page:

<https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?teamID=1038181&langPref=en-CA>





cfuw fcfdu
2026 CFUW AGM & CONFERENCE
 2026 AGA ET CONFÉRENCE DE LA FCFDU
 MOVING FORWARD TOGETHER – OPTIMISONS NOS FORCES



MONTRÉAL, QC: 07/20/2026 – 07/24/2026

cfuw
 WOLFVILLE

**58TH ANNUAL
 BOOK SALE**

WOLFVILLE LION'S CLUB
 THURSDAY, MAR 12, 1-5 PM
 FRIDAY, MAR 13, 9-5 PM
 SATURDAY, MAR 14, 9-2 PM

PROCEEDS TO MANY LOCAL
 GROUPS, ACADEMIC AWARDS,
 AND INTERNATIONAL PROJECTS.

CFUWWOLFVILLE.COM

**National CFUW
 Website:**

www.cfuw.org

**USED
 BOOK
 SALE**

Spring Tea

Plans for our CFUW Wolfville Spring Tea are well underway. Anne booked the top floor of the Wolfville Legion for the event and contacted a baker who will look after the sweets and sandwiches for us. In addition, we have a baker who will make gluten-free options as well. Noella and Blanca will prepare colourful favours and treat holders for the event. We are encouraging everyone to wear a hat or a fascinator!

The Legion has an extensive supply of dishes and decorations which will be helpful in the set-up. Our guest speaker is **Julie Vanexan, MLA Kings South**. This will take place on **Wednesday, April 22 from 2:00-4:00 pm**. The price is \$20. Please bring a cheque or cash to our Big Book Sale or to our March Meeting. You can also pay by e-transfer (cfuwwolfville@gmail.com). You are encouraged to bring guests.

National Conference in July 2026

Anne is planning to attend. If anyone else is interested, please let her know. This will take place in Montreal from July 20-24, 2026.

Book Sale News!

Our last day for donations was Saturday, February 28th. Our volunteers will continue to work this week to sort and box the books. A big thank you to our member volunteers as well as friends and family who helped us process our books. We can't do this without a big team.

It's hard to believe that the Big Book Sale is next week. Noella has taken over the organization of Set-Up Day – many thanks to Marian for getting us started. We have enough volunteers to set up on Wednesday and Cathy will obtain coffee, treats, and water for the volunteers.

Cathy and Winnie liaised with their Football Team contacts to set up a schedule for the players to help us load and unload the books from the truck on Wednesday morning. They will also help throughout the sale.

The Cashier Schedule continues to be tweaked by Anne as people discover other commitments but, we have maintained a full roster of cashiers. In addition to members, we have community volunteers helping out as well.

We have an amazing selection of books to sell!



GW-ICFUW Conversation – Our Peatlands

Last summer, one of the resolutions that was passed at our National Meeting concerned our imperiled Peatlands. We have an opportunity to attend a conversation between experts from Canada, Scotland, and Paraguay on this topic through the magic of Zoom. After the experts present their discussion, participants have the opportunity to discuss the issues with their peers in break-out rooms. Afterwards, the conversations are distilled and shared. The event lasts just over one hour, and it provides us with a wonderful opportunity to learn more about this issue. Please consider attending. The registration button is on the poster and below it as well. I am also attaching a link for an informative article on this topic by Gail Neff.

Graduate Women International
Empowering women & girls through lifelong education

Climate Mitigation: Peatlands of the World

On Thursday, March 26th, at 12:00 EST, join us for a conversation co-hosted by
CFUW N.Delta/Surrey, Graduate Women Scotland and the Paraguay
Federation of University Women about our imperiled peatlands.

Eliza Olsen
B.Ed. Simon Fraser U.
Hon. Doctorate KPU
CFUW North Delta/
Surrey
Peatlands Protection
Society

Cats Sutherland
GW Scotland
Past Chair GWI
Policy Resolutions

Register here

<https://us02web.zoom.us/meeting/register/J5EhTmTJTawJ5fXZDnHWg>

Peatlands Article written by Gail Neff:

https://docs.google.com/document/d/12GhZnK0ooLv_xR53z8HF97SelpFaqHPLEZq_JY_9a-o/edit?tab=t.0

Writing Group

Jean Casey is our featured writer this month. She read this piece at Club Night, and I thought it would be appropriate to print it as International Women's Day approaches.

The Power of Women

By Jean Casey

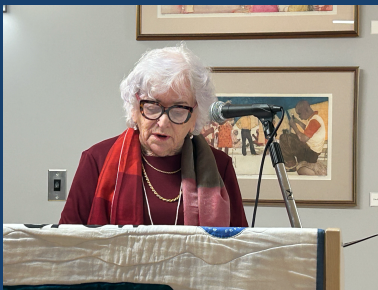
I was a quiet and introspective child, and after hearing conversations between my parents and brothers, I was left with this thought: men are physically stronger than women, but women are definitely smarter. Throughout my long life, I have found this to be true in many instances. However, as I grew older and became a mother to a daughter, I realized that the truly wise thing to do was to teach her about equality between the sexes.

Understanding equality begins with acknowledging that we live in a society that imposes gender distinctions in countless ways, from the toys we give our babies, to the clothes we wear, and even the careers we pursue. We, as women, need to demand equality and live and breathe it in everything we do. It is an extra burden, but one that women have shouldered since time immemorial.

Those of us who were fortunate to marry men who were comfortable with themselves and never regarded their wives as a threat know how important that is. When I met my husband, I noticed immediately that he was interested in my conversation and ideas. He was great at the barbecue and made good salads. He never worried about my lack of cooking experience. I believe he truly believed in gender equality. He encouraged me and even pointed out positions and jobs he thought I would enjoy. I was fortunate and built an independent life.

What we teach our daughters is of vital importance. My daughter mastered high school and university without major problems. But it is just as important to teach our sons to be the kind of men who acknowledge and celebrate the equality of women. For so many women around the world, this is still a rare quality to find in a man.

There is no question that we live our best lives together - with spouses, partners, colleagues, and friends. God, in His wisdom, decreed that there be both female and male in our



species. We need both women and men to optimize our society and our world. Interestingly, men today are more likely to be unemployed, less likely to attend university or college, and more likely to die early if unmarried. Feminism is humanism. We cannot oversimplify it. Our daughters need behaviors and attitudes that help them understand what it means to be a feminist - without excluding men. In our actions and words, we must show that true partnership requires mutual respect, love, and admiration. These are humanistic qualities necessary to make the world a better place.

Back in the day, when we were young mothers, it was our responsibility to guide our daughters to be empowered, confident, and able to make choices for themselves regardless of societal pressures.

From the time I was a girl I never doubted whether I had every right - dare I say, a sense of entitlement - to pursue the career of my dreams. Yet, never have I felt in any of my positions in nursing, education, or administration that I was unequal or lesser than those in charge. I had my role to play and did so with goodwill.

Book Sale Article by Pat Alexander

We are always looking for ways to publicize our Big Book Sale. Pat prepared an article to submit to a couple of local publications. Here it is:

CFUW Wolfville (formerly the Canadian Federation of University Women) is gearing up for their Annual Used Book Sale to be held March 12th to 14th at the Wolfville Lion's Club. The sale is the major fundraiser of this group of "women interested in making a difference in their community, especially for women and girls."

The club held its first book sale in 1968. To put history in perspective, that was the year Pierre Trudeau was elected Prime Minister of Canada, Martin Luther King Jr. was assassinated, and two Apollo spacecraft were launched into orbit. That first sale was held at VanZoost's store on Main Street, Wolfville. The net proceeds were \$252 and were





allocated to scholarships. From that small beginning, the Annual Book Sale has grown to realize over \$10,000 net profit every year since 2003 except for 2020 when Covid-19 shut it down.

The net profit of last year's sale was used to support the work of ten local charities, two scholarships at Acadia University, along with donations to the Acadia WISE and SMILE programs and donations to the Canadian Red Cross, Doctors Without Borders and the Stephen Lewis Foundation. The Flower Cart has a long history with CFUW Wolfville, being the only organization to have been continuously supported every year since 1968. Through the generous support of the County Fair Mall in New Minas, our collection site has been open every Tuesday and Saturday morning from 9:30 – 11:30am since the end of November with helpers sorting and packing donations of books and puzzles. Collection will continue there until the last Saturday in February. The week of the sale, members of the Acadia Football Team will move hundreds of boxes of books out of the mall site into a truck and unload them into the Lions Club Hall on Elm Street, Wolfville. Without their muscle it would not be possible for our small club to carry out this work and we truly appreciate them.

We rely on volunteers from the community to help “set up” the book tables at the Lions Club, which will happen this year on Wednesday morning, March 11th beginning at 10:00am. Without this community support the book sale, as it has been known since 1968, cannot be sustained.

This year, the sale will open to the public at 1:00pm on Thursday, March 12th and end on Saturday, March 14th at 2:00pm. We hope to see you there and thank you all for the years of support you have shown us.



CFUW Wolfville

Our Next General Meeting will take place on Wednesday, March 25 at 7:00 PM at the Wu Welcome Centre. Our guest speaker will be Christina Sappington, a Councillor for the Municipality of Kings representing the community of New Minas and someone who is extraordinarily involved in and supportive of her community!



